

“MY MIND AND HEART”

(Heb. 8:10; Heb. 10:16)

These passages teach the “HEART” and the “MIND” are the **same**. Notice in Heb. 8:10 the two items are listed and in Heb. 10:16 they are **inverted**. This means the two words are the same. These words are referring to the inward part of man – the soul. So, when we use the word “**mind**” and “**heart**,” we have reference to the “soul,” or the “**inward part of man**,” II cor. 4:16: *“Wherefore we faint not; but though our outward man is decaying, yet our inward man is renewed day by day.”*

Our “**inward man**” should be filled with good things, *“Not that which entereth into the mouth defileth the man; but that which proceedeth out of the mouth, this defileth the man,”* Matt. 15:11. The hypocrite has bad things to come out of his mouth; the good man has good things come out of the mouth. The righteous man is careful about what goes into the “**heart**” or the “**mind**.”

Peter gives us the key when he states in I Pet. 3:3-4, *“3 Whose adorning let it not be the outward adorning of braiding the hair, and of wearing jewels of gold, or of putting on apparel; 4 but let it be the hidden man of the heart, in the incorruptible apparel of a meek and quiet spirit, which is in the sight of God of great price.”* Notice the “**adorning**” of the “**hidden man of the heart**.” Should someone object that in this passage it has reference to women and not to men, please observe I Pet. 3:7, “**in like manner**,” is said to the men. The way women are to adorn themselves; there is a way for men to adorn themselves also!

We have “**spiritual food**” that should be ingested, I Pet. 2:2, *“As newborn babes, long for the spiritual milk which is without guile, that ye may grow thereby unto salvation.”* David is thinking of this same thing when he stated concerning a righteous man: *“But his delight is in the law of Jehovah; And on his law doth he meditate day and night,”* Psa. 1:2. There needs to be **reading**, Eph. 3:4: *“whereby, when ye read, ye can perceive my understanding in the mystery of Christ.”* In my **reading**, **thinking**, and **meditating**, I have impacted my heart and mind with that which is holy and divine. Now the inner recesses of my heart are challenged to great things. *“For the word of God is living, and active, and sharper than any two-edged sword, and piercing even to the dividing of soul and spirit, of both joints and marrow, and quick to discern the thoughts and intents of the heart,”* Heb. 4:12. Inside of man is that which is living and active, working to change things in our life. It is correcting the inward part of man so when something comes out it is pure holy and undefiled. This soul is to be willing to receive the message from God.

The “fruit of the spirit” and its characteristics are listed in Gal. 5:22-24, *“Love, joy, peace, longsuffering, kindness, goodness, faithfulness, meekness, self-control.”* In Phil. 4:8, *“Finally, brethren, whatsoever things are true, whatsoever things are honorable, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.”* These things are ingested into our heart, mind and soul for the purpose of making us pure and holy on the inside.

This all is designed for the purpose of making us fit subjects for heaven. To be so we must have a character that is fit for heaven. What God puts on the inside is for the purpose of changing our lives on the outside, and molding us for proper habitation in heaven. **“Think on these things,”** Phil. 4:8.

Caa

Carl Adon Allen
1115 E. Houston Ave.
Crockett, Tx. 75835
(936) 544-3614
carladonallen@gmail.com